



Cape Fear Garden Club

CLIPPINGS

news & updates

November 2023 | Issue 3

President's Message

GENERAL MEETING: November 15, 2023

Cape Fear Country Club

9:15 - 9:30 a.m.

Horticulture Judging

9:30 a.m.

Hospitality & Social Period

10:00 a.m.

Meeting Called to Order

Devotional:

Ann Marquino

Program: "Nesting Birds of the Cape Fear River"

Presenter: Lindsay Addison,
Coastal Biologist for
Audubon, NC

Refreshment Table

Arrangement:

Cathy Poulos

Horticulture Theme:

Camellias, Bulbs for Spring
& Flowering Branches

Day Clerks: Samantha

Nguyen, Jill Wilson

Judges: Marcia Doering,

Barbara Howard or Karen
Root.

Dear CFGC Member,

Hello to everyone. I thought I would share a vegetable recipe that you might try for a side dish for the upcoming holidays. It is one that my family enjoys year-round. Serve it chilled after it has been refrigerated overnight.



We have been a very busy club the month of October and it doesn't seem to be slowing down in November. There are so many activities planned for members to take part in, learn something new, and just enjoy each other's company.

Now that our days are shorter and nights are longer I hope you each have a good book to read and a throw blanket to snuggle with. Maybe you knit, crochet, or do needlework in the evenings.....enjoy the quiet this time of year brings to us. Let's all remember those less fortunate when we're shopping and the sign says, "Buy one, get one!". Donate the get one to a pantry that feeds people in our community.

I have had the pleasure of representing our garden club at several activities. We were the recipients of a grant from the Landfall Foundation due to the efforts of Mary Smith. This grant will be utilized by the Centennial Committee toward our 100-year celebration. Such creative ideas are coming to light as we look forward to celebrating our Club.



October Flowers
Refreshment Table Display
by Lynnea Mallalieu

I went on the recruiting trail for Ambassadors to grace our garden tour in the spring. Delores and I tagged along with the Conservation Committee on a tour of the New Hanover County Landfill. I never realized how interesting trash could be.

My hope for each of you is to have a wonderful Thanksgiving with all the trimmings and the people you love and hold dear to be with you.

Fondly,

Deb

Debbie Reid

President

Cape Fear Garden Club 2023-2024



Cold Vegetable Salad

Deb Reid

Save 1/2 cup of the liquid from whichever vegetable you are about to drain

1 can white corn - drained

1 can of French cut green beans - drained

1 can of early green peas - drained

1 onion chopped

2 ribs of celery chopped

Marinate

1 cup of white sugar

3/4 cup of vinegar

1/2 cup of the vegetable liquid

1/3 cup of oil

Bring the marinade to a boil and then remove it from the stove and let it cool.....mix well over the vegetables and let sit overnight in the refrigerator. Stir well and serve cold.

A great side dish!

Don't Forget to Pay Your Dues 2023 Cape Fear Garden Club Dues Notice

Unpaid Annual Dues will result in CFGC membership cancellation on 12/15/2023

Pay Your Dues Online

Nominating Committee

As Chair of the Nominating Committee, I would like to invite the General Membership to nominate or volunteer for the following officer positions:

2nd Vice President
Recording Secretary
Corresponding Secretary
Garden Tour Vice-Chair
4 Members at Large (who serve on the Nominating Committee)

Thank you for your consideration and willingness to serve and please email me if interested at meredithlewis05@gmail.com

Best,
[Meredith Lewis](#)
3rd Vice President

2024 Azalea Garden Tour Ambassador Applications Open



Applications are open to be an Ambassador for the 2024 Azalea Garden Tour and we need your help!

Please spread the word to your family and friends, at church, at school, or anywhere else you feel might have good candidates. And don't forget to post and share on your social media accounts!

Applicants must be high school seniors, juniors, or sophomores attending school or residing in New Hanover County. Children and grandchildren of CFGC members are also eligible to apply.

Applications can be found on the Ambassador page of the Garden Club website at capefeargardenclub.org/ambassadors. The deadline for applications is November 30th so please help us get the word out and encourage eligible students to apply!

Find us on Facebook & Instagram: [@AzaleaAmbassadors](#)

Thanks for your support!
Stephanie Durner & Rachel Pace
Ambassador Committee Co-chairs

Ladies Lunching

Reservations are available for the November Luncheon

Be sure to make your reservation when the Invitation comes to your email. Reserve your seat!

Please RSVP to [Penny Allison](mailto:Penny.Allison) no later than Thursday, November 13th.

We had 3 committees to meet for lunch at the Cape Fear Country Club after the October meeting. That was great!! We met our lunch quota, and it appeared the committees were able to enjoy lunch while taking care of business. Remember, the lunch cost is only \$25.00 this year.



Committee members having lunch meetings should serve their plates, grab a napkin and tea or water and go to the reception area where we have coffee and tea before the general meeting. Please let me know, deloreshawes@yahoo.com, and I'll reserve a table for your committee. Remember to return your lunch dishes to the dining area after your meeting. Thank you!

The lunch menu for the Nov. 15th general meeting will be "Delicatessen" – Sliced Turkey, Ham, Roast Beef, Salami on White, Wheat, or Rye Bread. Served with Assorted Cheeses, Lettuce, Onion, Tomato, Pickles, Tossed Salad with Chef's Choice Dressings, Club Chips, and Freshly Baked Cookies. \$25.00

[Delores Hawes](#)

CFGC Workshops

Amazing Special Events Committee

This tree was made by Linda Russ in the workshop, led by Beth Trice



The Amazing Special Events Committee had a wonderful social at the home of Kiplyn Duffy Oct 17th, 2023. "Beth and I love having our committee members getting to know each other better! This special evening allowed that to happen, and it truly was a wonderful evening had by all! Bobby Jean and Beth - Co-Chairs

Bees, Birds and Butterflies



Bees, Birds and Butterflies Committee invite all garden club members to an event on Friday, November 10th!

Here are the details:

EVENT: Guest speaker Jessy O'Keefe of Seaside Honeybees
 PLACE: Arboretum
 DATE: Friday, November 10th
 TIME: 10 am - 11:15 am

[Angela Rigsbee](#)



Garden Therapy

Our Garden Therapy Committee met with the residents of Elderhaus on Monday, November 6th, for our monthly activity. Elizabeth Moore and Shital Patel planned a beautiful Thanksgiving craft with a cornucopia full of colorful fruit and leaves to honor the seasonal harvest. Eight of our 24 committee members were present to assist and enjoy time with the 41 participants. The participants loved all the

colors and were excited to be able to take their craft home. Next month (December) will be our annual craft of decorating a Christmas mug with greenery and holiday decorations.



Civic Improvements

All club members are invited to participate in 2 upcoming tree plantings:

1. **November 14 at 10:00 am at Smith Creek Parkway** – help NH County with tree plantings at Smith Creek Parkway. Funding was done through an Azalea Garden Tour Disbursements Grant from the 2023 Tour.
2. **December 5 at 10 am at Long Leaf Park** - Planting of 100 Long Leaf Trees (our state tree). We welcome other committees to join in to help with this Centennial project.

Civic Improvements met on October 30 at the CFGC Riverfront Garden with David Pugh, Parks Director of Cultural Events, and Shane Rivenbark, parks staff assigned to maintain the Riverfront Park. Our park sections actually looked relatively free of weeds since our last visit to weed on September 20. The Muhly Grass, Yarrow, and Abelia were blooming; Beauty bushes had lots of berries, seed heads forming on several plants, and lots of butterflies were seen. Some big additions to our garden were noted:

1. Trees have been planted along the Nutt St Promenade adjacent to our garden and buffering between our garden and the new high-rise apartments.
2. A dog station was added, and notice has been served to residents living in the apartment to please pick up after dogs and avoid letting them into the gardens (this was an issue we raised with parks staff in September, which they promptly addressed)
3. Discussed peeling of CFGC sign – David Pugh states all signage will be replaced
4. Discussed educational signs somewhere in the garden to educate people on pollinator gardens. Shane is working on labeling plants throughout the garden for educational purposes.

Plans were discussed for enhancements in the garden, including moving some plants and adding new plants. Shane was very amenable to us presenting him with a design and plan for plantings. We plan to meet again on December 11 and feed ideas to Sarah Anderson, who will be our point person for the updated garden design. We recognize that the garden is a work in progress and constantly evolving from the original design that was created by the contract landscapers who originally designed it. Our committee sees the need for short and long-term design plans:

Short term: to be done in a late February planting:

Relocating and clustering existing plants

Adding in new varieties

Adding in some annuals to provide bursts of color

Long Term: next fall 2024

Planting of bulbs and preparing the garden for Centennial Spring 2025 for the installation of the signature statuary artwork and ceremony celebrating our Centennial – Horticulture & Flower Arranging have expressed interest in joining in on this!

We want to provide opportunities for more club members to get involved in the garden and will extend invitations with our scheduled activities.

[Cathy Poulos](#)



Horticultural Minute Gardening Tips for November

Trees in the Landscape Care Tips

Winter is an ideal time to plan tree care and changes in the landscape.

- Prune while the tree is dormant so that there is less stress on the tree.
- Hire a Certified Arborist to prune.
- Do not hire anyone who will climb up a live tree using spikes.
- Pruning includes the removal of dead, diseased, or crossing limbs.
- Look for the root flare at the base of every tree in your landscape.

Expose the flare by removing mulch and, sometimes, excess soil.

Mowing in circles around a tree can push soil over the root flare, causing a build-up over time. Also, a root flare may not be evident when you purchase a new tree. Before planting, gently remove the soil in the container to expose the root flare. Then, plant the tree with the flare slightly above grade. A mulch depth of three inches is adequate for the surrounding tree ring beyond the root flare. If your tree looks like a pencil stuck in the ground, it's time to find the root flare!

Remove girdling roots. If a root is circling the tree's root area of the tree it will eventually strangle it. I remove one girdling root yearly so the tree can adjust to the water loss during the dormant season. It will begin to generate new roots over the winter with occasional watering.

Pine Tree Removal. Winter is the only time a pine tree should be removed. During the growing season, the smell of resin from cutting pine wood attracts the IPS beetle to the area. A neighbor may not want to lose a pine tree from damage by this beetle. The IPS beetle is dormant for a short time during cold weather, usually January and February, the best time to remove pine trees, dead or alive.

Other removals would include invasive trees: The Bradford pear is #1 on the list of invasive plants. Schedule removal now since reliable tree companies are busy all year long. This is the concluding article for Trees in the Landscape: September, Plant Native Trees, October, Remove Invasive Trees.

Trees Please! Right Tree, Right Place!

[Marcia Doering](#), Retired Certified Arborist, International Society of Arboriculture



Excellent example of root flare.

Photo by Barbara Howard

Horticulture Table



Orchids



Dahlias



Karen Root, Horticulture Table



Support the Cape Fear Garden Club

Bloomin' Bucks
with Brent and Becky's Bulbs

It's so easy...Just go online to www.bloominbucks.com for your color landscaping needs! Choose from the drop-down, Cape Fear Garden Club and this will take you to their website. Choose your plants - there is a vast selection of bulbs, perennials, supplements, books, tools, home accessories, and more! Practically anything you will want or need for your garden! In any quantity you need! In any color you want!

Brent and Becky's Bulbs will take your order and ship it directly to your front door! And 25% of your total purchase supports the Cape Fear Garden Club!

There isn't an easier way to help support Cape Fear Garden Club and beautify your landscape!

[Blooming Bucks](#)

Gather, Grow, Give Campaign

It's that time of year again when many of us begin making year-end charitable giving plans for the organizations we hold near and dear.

Our most recent survey results showed that 89% of our Garden Club respondents favored direct donations as the preferred fundraising method for our club if there was a way to designate where their donations would go – and we heard you!

With that in mind, we are delighted to remind members of our upcoming annual "Gather, Grow, Give" Campaign, which offers you the opportunity to provide financial support for our Cape Fear Garden Club and support the many good works we do in our community.

Please consider including us in your charitable giving activities for 2023. Gifts may be designated for the Centennial Committee, the Endowment Fund, the Azalea Garden Tour, and/or the Unrestricted Fund. We aim for 100% participation from our Garden Club members – *no donation is too large or too small!*

We successfully added a convenient link on the CFGC website to enable individuals to make tax-deductible donations online easily.

Thanks for your 2023 annual support of the "Gather, Grow, Give" Campaign and for your excellent work in our community.

[Meg Davenport](#) and [Meredith Lewis](#)

Make Your Donation Safely and
Securely Online

Mail In Donation Form



Edible Gardens & Conservation Committee

The Edible Gardens Committee continues to 'dig and learn'!

Seven members visited the Craft Grown Farms storefront on Castle Street. We learned about hydroponic gardening from owner Randy Rhyne. He had us try samples of micro-greens that were blended to make complex flavors for kitchen dishes and cocktails. Randy sells his lettuce trays to many local restaurants and farmers' markets.

On November 1st, Our committee also joined the **Conservation Committee** going to the NHC Landfill, off Highway 421. Joe Suleyman, Environmental Management Director, narrated the tour. We should be so very proud of how technologically advanced and thoughtful our environment is in dealing with an ever-increasing problem of trash and efforts in recycling. We learned that 40% of food waste ends up in the Landfill and how they turn it into high-quality compost. Some parts of the area

have been filled with native plants and lakes with newly cleaned water that have been stocked with fish to catch.

As to the 'digging' part of our month, we continue to support the garden at Eden Village. All are invited to join us with your gardening gloves on the second Thursday of each month from 9-11 a.m.

Cathy Giannini
co-chair EdibleGardens



Hydroponic gardening from owner Randy Rhyne.

Conservation Committee at NHC Landfill with

Joe Soleyman, Director of Landfill

Joan Lynch, Marsha Seaton, Joe Soleyman, Debbie Reid, Delores Hawes, Virginia and Gary Teachey, Cathy and John Giannini.

Membership

Membership Committee Report as of
October 31, 2023

Connie Carter Associate to Resigned
Laura Peters Associate to Resigned
Jeannie Richardson Emeritus to Active
Michele Russell Active to Resigned
Marsha Seaton Active to Emeritus
Melissa Talley Associate to Emeritus
Christine Vayo Associate to Resigned
Marianne Wayne Active to Associate
Terry Wilson Associate to Active
Nancy Zigler Active to Emeritus



Making our new numbers:

Honorary 10

Active 227

Associate 72

Emeritus 49

Total 358

Submitted, [Linda Snider](#), Membership Committee Chair

Landfall Foundation

Grant Awarded for Centennial Statue

The Centennial Committee was awarded a Landfall Grant for the Centennial Statue. Accepting the grant was Centennial Committee co-chairs, Susan Nettleman and



Gloria Ezzell, along with Mary Smith and President Deb Reid. Signa Stalvey and Pia Ann Robison were also in attendance.

The Dishwasher

The Dishwasher is a short film Sydney Penny wrote, directed and produced that will be screening as part of the Cucalorus film festival November 15-19 here in Wilmington.

CFGF member, Irene Shea, is one of the stars, playing Miss Maggie. The film also stars Fracaswell Hyman (currently seen on Netflix in “The Trial”) and Cullen Moss (“The Outer Banks”).

More about the film and showtimes can be found here: <https://cucalorus.eventive.org/films/651daeff413014002c25ba8f>

Here is the film poster and Irene on set:

Gardening for Wildlife

The Gardening for Wildlife (GFW) Committee met on November 8th.

- We were directed to create an account, complete the application and submit the application fee of \$249 which we will deduct from our GFW budget.
- We were instructed on how the certification process is “point-based” and time will need to be spent on completing the necessary paperwork for completion.

Natalie has accepted an invitation to be our Keynote speaker at our January program. She will further, instruct our membership on the benefits of the City of Wilmington becoming wildlife certified.

Paula Stetler has almost completed our application for the Charlotte Council Education Award, which is due December 1, 2023. We appreciate her skills and help with writing for this award.

[Becky Hardy](#)

GFW Zoom Meeting

via a Zoom meeting with
Natalie Bohorquez from the NC Wildlife
Federation regarding the initial steps for

having the City of
Wilmington Wildlife Certified.

[View the Fall 2023 Issue of The National Gardener](#)



Connecting You with People, Plants and Programs



Cape Fear Garden Club | www.capefeargardenclub.org

Submissions for Clipping must be received no later than two weeks before the
general meeting. Send all 2023-2024 submissions to
clippingscfgc@gmail.com



Cape Fear Garden Club, Inc | P.O. Box 4751, Wilmington, NC 28406

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