



Cape Fear Garden Club CLIPPINGS

news & updates

February 2023 | Issue 6

President's Message

GENERAL MEETING: THURSDAY

February 23, 2023

Cape Fear Country Club

Devotional:

Jenene Smith

Program: The Azalea Garden Tour: 1953-2023

Presenter: Elaine Henson,
CFGC and Centennial
Committee Member

"A History of the Azalea
Garden Tour from its
inception in 1953 by Bess
Smith to the Present."

Refreshment Table Arrangement:

Jan Halderson

Horticulture Theme:

Camellias, Spring Bulbs and
Flowering Branches

Day Clerks: Lolita Bryant,
Linda Pyle

Judges: Karen Root &
Barbara Howard

Reminders:

Azalea Garden Tour Tickets
on Sale \$50

Garden Sitters Sign up
Begins

2022-2023 Committee
Selection begins

Hello all,

I hope you are all staying well and excited about spring, which is just around the corner!

We have so many wonderful activities in our Garden Club to look forward to. I am especially excited about our speaker at the February General Membership meeting. Our very own resident historian will be sharing with us the history of our beloved Garden Tour.

In March, we are having a club-wide Flower Show at the Burgwin Wright House where we can get creative and share our creations with each other. I'm so looking forward to it!

The first weekend in April will bring garden clubs from all over North Carolina to Wilmington for our Annual State Meeting, which we are hosting. Then, of course, the Azalea Garden Tour will be here later that month, which is when our club and community really shine!

Finally, we are wrapping up the year with a very special speaker program at the Cameron Art Museum with the editor of Flower Magazine, Margot Shaw. She is sure to inspire and delight!

So much to look forward to and I'm looking forward to enjoying all of it with you!

Best,

Meredith

Meredith Lewis
President

Cape Fear Garden Club 2022-2023

ps Remember we are meeting on Thursday at Cape Fear County Club this month!

Battery Island/Bird Island Cruise Tickets will be available to members at the February General Meeting and at Wild Bird and Garden beginning March 1.



Ladies Who Lunch

The menu will be: Chef's Choice Sandwiches and Wraps with One Vegetarian Option with Club Chips, Tossed Salad, and Soup. Of course, to finish lunch off....freshly baked cookies!

The cost is \$28.00. Please join us to socialize after the meeting.

Please let me know if you are scheduling a luncheon committee meeting and the number of members so I can reserve a table(s) for your group.

Remember we need 40 participants to stay and enjoy the wonderful food prepared by the chef.

Deb Reid
dmreid@ec.rr.com



Nominating Committee 2023-2024 Slate of Officers

The Nominating Committee has worked hard this year to provide a slate of officers for the 2023-2024 garden club year. We have had informative and productive meetings to arrive at this slate. We have asked those who are nominated for President, First Vice President, and Second Vice President to answer a few questions and they are provided below along with the rest of the slate of officers.

President - Debbie Reid - joined the club in 2018

Why do you want to be an officer of the Cape Fear Garden Club?

I was encouraged by the chairperson of the committee I was serving on. I started with a small group and then was asked to serve as co-chair. I was asked to head another committee and that committee put me on the executive board. The next request was to serve as Vice President. I have enjoyed being a part of every position.

What have you enjoyed the most about being a member of the CFGC?

I have enjoyed my years in the Cape Fear Garden Club due to the committees I have served on and will continue to support. Our speakers through the years have been most informative and I personally believe in being a life-long learner in all seasons of your life. I have met so many hard-working and caring people in the club. We, as a group, contribute in a positive way to the residents of New Hanover County. I smile when I think of being a member of the Cape Fear Garden Club

First Vice President - Delores Hawes - joined the club in 2014

Why do you want to be an officer of the Cape Fear Garden Club? As a club member, I feel it is my responsibility to help with club leadership, program design, and committee activities that help to achieve the club's objectives. As an officer, I can encourage the membership to continue to increase their knowledge of best practices in gardening, conservation, and maintenance of our environment, and provide resources to the community to do the same.

What have you enjoyed the most about being a member of the CFGC? I love sitting and hosting in the gardens during the Azalea Garden Tour. You get to see and talk to so many people and learn many new things about gardening and much more. I enjoy digging and planting in gardens. Working in a garden is extremely therapeutic. I lost my husband and my mother during the covid years. During that time, I was on the Gardening for Wildlife committee, and we met at least weekly to work in Frances Parnell's gardens and to make videos for helping others get their property wildlife certified. It was such a blessing to be outside with other members, working up a good sweat and working off lots of stress.

Second Vice President - Sandy Cyphers - joined the club in 2015

Why do you want to be an officer of the Cape Fear Garden Club? I would like to continue to bring my leadership knowledge (which I have obtained from numerous other organizations) to work harmoniously with fellow members and to lead and inspire members to stay involved and rebuild. This is an opportunity as a way for me to give back to a wonderful club that is motivated, excited, and forward-thinking. The club is highly respected and appreciated within the community. I want to be part of the next 100 years of growing and leading.

What have you enjoyed the most about being a member of the CFGC? The relationship with members, meeting new members, and working on projects that are fun and make a difference in the club as well as the community.

Submitted by the Nominating Committee

Recording Secretary - Annie Anthony; Corresponding Secretary - Irene Shea; Treasurer - Penelope Allison; Assistant Treasurer - Betty Norris; Vice Chair for the Azalea Garden Tour - Pia Ann Robinson; Members-at-large: Cindy Henry, Susan Nettleman, Elaine Henson, and Ann Weaver

Upcoming CFGC Workshops

Monday, February 27, 2023

NHC Arboretum Auditorium- 1:30-3:00

Thurston Pope and Brandon McKeown of Coastal Succulent

The Coastal Succulent offers a unique guided "DIY" succulent experience! Workshops begin with interactive and detailed succulent care instruction, followed by guiding participants in potting a variety of succulents selected by participants in a vessel of their choosing. The creations are finished off with moss or rock.

Participants take home a succulent care card along with a wooden stick for testing the soil.

The cost per participant is \$45.00

Tuesday, March 14, 2023

NHC Arboretum Auditorium- 3 pm - 5 pm (notice the change in date and time)

Bees, Bees, Beautiful, Beneficial Bees!

Susan and her live bees will show us the bee products she makes from beeswax, such as honey and propolis. She'll share her PowerPoint presentation about basic bee information.

We'll learn about how very important bees are to the pollination process.

SAVE THE DATE

May 17th, 1:30 pm to 3 pm Arboretum Auditorium

Options for Gardening for Wildlife by Matt Collogan, NC Extension, and a representative from NC Wildlife Federation.

March 24-25th 2023



The show will be held at the Burgwin-Wright House in downtown Wilmington. Hillary and I would like to encourage all garden Club members to create a flower arrangement for the show.

There will be arrangements both inside the house in their gallery room as well as some outdoor arrangements for the gardens.

The show is free to attend but we want to encourage members to take advantage of your visit to the show and at the same time take a tour of this historical home.

Please see Hillary or me if you are interested in doing an arrangement.

Thank you, [Stephanie](#) and Hillary
Flower Arranging Committee

New Member Orientation

The New Member Orientation will be held on **March 15** at the Arboretum with the program beginning at 10:00 am.

All Committee Chairs are to be there at 9:00 am to help set up the room. Also, each committee, please bring a door prize for one of our lucky new members.

The New Member Committee is graciously providing light refreshments. Sponsors of our new members are invited and encouraged to attend this event with their new members.

Let's all make our newest group of members feel oh so special as we welcome them into the Cape Fear Garden Club.

Linda Snider
Third Vice President, CFGC



Azalea Garden Tour 2023

We are quickly approaching the AZALEA GARDEN TOUR, our largest fund raiser this year. Your participation is extremely important to the success of this event.

Our Garden Tour Tickets have arrived, please make sure you pick up your ticket at the February General Meeting if you have not done so. Additional tickets are for sale for \$50 each.

Our Raffle Tickets have also arrived, we will have a table in the lobby where you can purchase yours. Don't miss out on a chance to win one of these great prizes!

Spaces are still open for garden sitters, please make every effort to sign up at the February General Meeting. We are still looking for some Garden Hostesses, please see Wendy Simmons or Dawn Byrnes if you have an interest in filling these positions.



Thanks to all those working on the Garden Tour Committees and our Garden Club Members, we could do this without you!

Goldie Stetten
910.264.1343
GoldieStetten@gmail.com

Garden Tour Ribbon Cutting Cookies



Again, this year members will not bake cookies for the Ribbon Cutting Ceremony. We have contracted the same pastry chef to prepare the pre-packaged cookies.

by: Karen Greene, Garden Tour Hospitality Chair

Garden Therapy

Easter Egg Hunt

Our committee will be planning an Easter Egg Hunt in April for the residents of Elderhaus.

As you begin your organization at home in the new year should you discover you have plastic eggs that we could recycle please bring them to any of our general meetings and give them to Debbie Reid.

We also would be very appreciative of anyone who would like to donate any Christmas holiday mugs as we create centerpieces with the residents each year.

[Debbie Reid](#)



Crafts at Elderhaus

The Garden Therapy Committee met at Elderhaus on February 6th for our monthly activity. It's amazing what we come up with to get our crafts done.

This month Liz Haley and Martha Blacher planned a painting activity using toilet paper rolls shaped into hearts for the residents to dip in red paint and stamp on their card stock paper.

We assisted 38 residents in completing the projects.

RAFFLE

CFGC Beautification Endowment

Don't forget to bring money to buy raffle tickets for this Beautiful hand-made quilt by Brenda Moore, an associate member of the club.

Tickets will be sold at the February and March general meetings.

The winner will be picked at our March meeting. Raffle tickets will be 1 for \$5 or 5 for \$20. The proceeds benefit the CFGC Beautification Endowment.

Correspondence Report



Deaths

Topsy Robinson, a former and very active member, passed away.

Illnesses*

Sandy Cyphers for Covid and pneumonia.

Brenda Moore for surgery

Marguerite Braddy for surgery

Janet Wessling for a serious fall and injury

Ken and Lannie Kirby. He had heart surgery and is recovering at home with Lannie

Frances Parnell, Correspondence Secretary

NOTE: Please report needs for notes from Cape Fear Garden Club to Frances B. Parnell and include contact information when possible.

Yearbook Updates

Emeritus

Elizabeth Bauereis - Resigned

Corrections or changes in member contact information:
Please Email Computer Registrar, [Penelope Allison](mailto:Penelope.Allison):
pjandmark@bellsouth.net

Horticultural Minute

Gardening Tips for February

You will start to see Cool Season Herbs that can tolerate light frosts at local plant places by the end of the month. Cool Season Herbs include Thymes, Sages, Lavender, Marjoram, Oregano, Parsley, and Mints. Enjoy planting!

- Cut back any Grasses in the garden if you have not already done so.
- Finish trimming back any Perennials, Butterfly Bush, and Liriope BEFORE new growth appears.
- Early February is an excellent time to cut back roses growing in your landscape. Hybrid tea and grandiflora roses, in particular, should be pruned around this time every year. Otherwise, these roses tend to become leggy, less vigorous, and unattractive and do not bloom as well. Cut about ¼ inch above outward-facing buds, so new growth will grow away from, and not into, the center. Remove all dead canes, which are typically black, brown or shriveled.
- Hydrangea Pruning- be careful what you prune!!
 - Paniculata types such as the Limelights, Vanilla Strawberry, Bobo, and more, can be pruned rather hard right now. If your Hydrangeas are tree form, prune the shoots above the main trunk back to 15-18”.
 - Annabelle and Invisiball can be cut as hard as to the ground. These and the Paniculatas bloom on new wood, so you will not lose blooms.
 - Mophead, Lacecap, and OakLeaf types all bloom off the old wood. The large buds you see on the top 1/3rd of the stems are the flower buds for this season. If you remove them you will have lovely foliage, but no flowers. If your plants have been in the ground for several seasons, you can remove a third of the oldest, largest-diameter stems from the ground. This will remove some buds, but it will give the plant better air circulation, reduce disease problems and keep plant(s) rejuvenated!

Hang in there....winter is almost over....I hope!!

Pia Ann Robison

The picture is a winter planter in my garden: in the center is Carolina Sapphire Cypress, then starting at 12 o'clock: 'Osaka White' Ornamental Cabbage, Ajuga, White and Purple pansies, Ivy in front, then a repeat on the other side with more pansies, Ajuga and Ivy toward the back of the planter.

Gardening for Wildlife Committee

Waxwing on Holly Bush by Dr. Parnell

The **Gardening for Wildlife Committee (GFW)** met on Tuesday, February 7th with our guest speaker Matt Collogan, NHC Arboretum. He will also be one of our speakers at our workshop “Options for Gardening for Wildlife.” on May 17th at the Arboretum. **SAVE THE DATE!**

Matt will discuss in detail, the ***Nature at Home Program*** and how our members can have Master Gardeners assist with their certification.

We will also have a speaker from the **North Carolina Wildlife Federation (NCWF)** to speak about certifying your garden space.

Remember, GFW members will assist those interested and who need help with the technical aspect of the certification.

The purpose of the workshop is to show our members the many options one has for gardening for wildlife and to promote native plants. We hope to show where these two programs complement each other.

NCWF Certification makes you eligible to win our monthly door prize! Visit our table at the Monthly meeting for more info on how to certify your garden!

Conversation Committee

Members of the Conservation Department had the pleasure of collaborating with Barb Cowan of the Youth Garden Clubs committee at Bradley Creek Elementary School this month. We met some adorable first graders in Mrs Joy Whitlow’s class who were learning about how to keep our creeks and waterways clean.



Bonnie Mitchell, Environmental Educator, of the NC Coastal Federation showed slides and video of ways to prevent pollutants from going down the storm drains. The catch phrase the students learned was “Only rain down the drain”. A craft session followed, further demonstrating how polluted water can be slowed and prevented from entering the drains. We had a great time with these “Friends of the Earth” and hope to have another meeting to actually go out into the rain gardens and wetlands on the school grounds.

Short, helpful video links:

Working Together For A Healthy Coast: <https://www.youtube.com/watch?v=knCAGcNWNrc&t=3s>

Instructions for downspout extenders: https://www.youtube.com/watch?v=x2N4cMJv4_E

Benefits of Living Shorelines: <https://www.youtube.com/watch?v=XUmb5N2klAA>

Helpful Resources:

- [The Community Conservation Assistance Program \(CCAP\)](#) is
 - a voluntary, incentive-based program designed to improve water quality through the installation of various best management practices (BMPs) on urban, suburban, and rural lands not directly involved with agriculture production. Eligible landowners may include homeowners, businesses, schools, parks, and publicly owned lands. Landowners may receive financial assistance of up to 75 percent of the pre-established average cost of the BMP.
- New Hanover County Rain Barrel Program:
 - <https://news.nhcgov.com/273/Rain-Barrel-Sales>
- NC Coastal Landscape Designs:
 - <https://ncseagrant.ncsu.edu/program-areas/healthy-ecosystems/coastal-landscapes/nc-coastal-landscaping-designs/>

Mary MacPherson

Civic Improvement

The Civic Improvements Committee is planning several planting projects for February and March:

Planting azaleas at the Municipal Golf Course Landscaping on **February 20 at 10:00 am**. The focus will be on the entranceway for this planting. Azaleas and soil amendment will be purchased through the Azalea Garden Tour Disbursements (1450) Grant that they received, plus the addition of Civic Improvement budgeted funds (1500). We hope to plant around 100 azaleas.



Filling the beautiful planters, that Martin Meyerson, CFGC member, donated to be placed in the median at 3rd & Market. There is a tentative date for planting on **March 14** - there is not yet a time for this but will let you know as soon as possible.

Plant an Azalea Ceremony will be held on Monday, April 4 – time and place TBD

Beauty Spots will be during National Garden Week – TBD

We are planning another workday at the Riverwalk Garden to be held soon.

We will hold a Civic Improvement committee meeting after our General Meeting on **THURSDAY, February 23rd** for the rest of the spring.

Cathy Poulos

Hobby Greenhouse Tour

Annual Hobby Greenhouse Tour on March 4, 2023, in Wilmington NC. A FREE, self-guided tour of local greenhouses, including member and non-member greenhouses and one commercial greenhouse, throughout New Hanover, Pender, and Brunswick Counties. Visit any or all (your choice).

The tour starts at the New Hanover County Arboretum. 9:00 am to 5:00 pm. Download the tour pamphlet and driving directions

at www.hobbygreenhouseclub.org or email info@hobbygreenhouseclub.org.

2023 Azalea Children's Tea

Check out "Azalea Children's Tea 2023" on Eventbrite!

Date: Sun, Mar 19 • 2:00 PM EDT

Location: 1518 Country Club Road,
Wilmington, NC 28403

[For more information](#)

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Cape Fear Garden Club | www.capefeargardenclub.org

Submissions for Clipping must be received no later than 2 weeks prior to the general meeting. Send all 2022-2023 submissions to clippingscfgc@gmail.com



Cape Fear Garden Club, Inc | P.O. Box 4751, Wilmington, NC 28406

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