



Cape Fear Garden Club CLIPPINGS

news & updates

January 2023 | Issue 5

President's Message

GENERAL MEETING: January 25, 2023

Devotional:

Bobby Jean Harvey

Program: Downspouts and
Rain Barrels

Responsible water
conservation Practices

Presenter: Bonnie Mitchell
NC Coastal Federation

Horticulture Theme:

Camellias and Early Bulbs

Day Clerk: Samantha

Nguyen, Marcia Doering

Judges: Karen Root &

Barbara Howard

Reminders:

Azalea Garden Tour Tickets
on Sale

Garden Sitters Sign up
Begins

2022-2023 Committee
Selection begins

*Camillas in Bloom
An Oldie, Iwane Shibori*

Hello, all, and
Happy New Year!

I hope you are as
excited for a fresh,
new start to the year
as I am. I encourage
you to try something
new this year within
our wonderful
Garden Club!

Whether you learn a
new skill from one of
our fun workshops

(I'm going to learn how to make salsa in January and how to care for succulents in February), or you are just going to try a new recipe (possibly the one shared in our Clippings), let's all branch out together and try something new within our club. With over 30 committees, we are bound to have a topic that appeals to you! Maybe you will try planting something new in your yard, attend the Battery Island bird cruise if you've never attended, learn more about bees with our bee workshop in March, or sign up to sit with someone you don't know for your Garden Tour shift and make a new friend.

I encourage you to enjoy our club to its fullest and I hope to see you at one of our many fun events soon!

Meredith

Meredith Lewis
President

Cape Fear Garden Club 2022-2023





Chicken Curry Spread

This recipe is from our cookbook, “A Christmas Tea, presented by the Cape Fear Garden Club”, but would work equally well as a Super Bowl party food. Enjoy!

1/2 C mayonnaise
1/2 C toasted almonds
1 t curry powder
1 small onion, thinly sliced
1 t salt
1 C chicken, cooked and diced

In a food processor, blend all ingredients on high speed for 1 min., stopping to stir down sides if necessary.

Makes 1 1/2 C. Serve with pita triangles, veggies or chunks of bread

January Luncheon

Our menu will be the following: Grecian Baked Chicken, soup of the day, pasta salad, tossed salad, fresh seasonal fruit, and cookies.

The price is \$28.00.

Please let me know if you are scheduling a luncheon committee meeting and the number of members so I can reserve a table(s) for your group.

Remember we need 40 participants to stay and enjoy the wonderful food prepared by the chef.

Deb Reid dmreid@ec.rr.com



Upcoming CFGC Workshops

Monday, February 27, 2023

NHC Arboretum Auditorium- 1:30-3:00

Thurston Pope and Brandon McKeown of Coastal Succulent

The Coastal Succulent offers a unique guided “DIY” succulent experience! Workshops begin with interactive and detailed succulent care instruction, followed by guiding participants in potting a variety of succulents selected by participants in a vessel of their choosing. The creations are finished off with moss or rock. Participants take home a succulent care card along with a wooden stick for

testing the soil. The cost per participant is \$45.00 if we have at least 10 people at the workshop. Please email deloreshawes@yahoo.com to register for the workshop by January 20th and send a check to Penny, made out to Cape Fear Garden Club, to pay the \$45.00 for your succulent arrangement. Penny Allison 1323 Futch Creek Rd. Wil.,NC 28411

Please email deloreshawes@yahoo.com to sign-up for this workshop no later than January 27th. Send a check to Penny, made out to Cape Fear Garden Club, to pay the \$45.00 for your succulent arrangement so Penny receives it by Jan.27th. Penny Allison 1323 Futch Creek Rd. Wilmington, NC 28411 – Thank You

Tuesday, March 14, 2023

NHC Arboretum Auditorium- 3 p- 5 pm (notice the change in date and time)

Bees, Bees, Beautiful, Beneficial Bees!

Susan and her live bees will show us the bee products she makes from bees wax, such as honey and propolis. She'll share her PowerPoint presentation about basic bee information.

We'll learn about how very important bees are to the pollination process.

The Birds, Butterflies, and Bees committee had planned to have Susan present on March 29th but agreed to this date, March 14th, 3:00-5:00, at extending the workshop to all members.

Email deloreshawes@yahoo.com to sign up for this workshop.

CFGC Flower Show March 24-25th 2023

The show will be held at the Burgwin-Wright House in downtown Wilmington. Hillary and I would like to encourage all garden Club members to create a flower arrangement for the show.

There will be arrangements both inside the house in their gallery room as well as some outdoor arrangements for the gardens.

The show is free to attend but we want to encourage members to take advantage of your visit to the show and at the same time take a tour of this historical home.

We have extended an invitation to the Harbor Island Garden Club to attend the show however, they did not want to participate in creating arrangements this year with a full schedule of their own this garden club year.

Please see Hillary or me if you are interested in doing an arrangement.

Thank you, [Stephanie](#) and Hillary
Flower Arranging Committee

Garden Therapy

Easter Egg Hunt

Our committee will be planning an Easter Egg Hunt in April for the residents of Elderhaus.

As you begin your organization at home in the new year should you discover you have plastic eggs that

we could recycle please bring them to any of our general meetings and give them to Debbie Reid.

We also would be very appreciative of anyone who would like to donate any Christmas holiday mugs as we create centerpieces with the residents each year.

[Debbie Reid](#)

Azalea Ambassadors

Need Your Help

The Azalea Ambassador Committee needs your help. The Ambassador program had a successful debut last year, but in order to continue that success and grow the program, we are in search of more Ambassadors for the 2023 Azalea Garden Tour.

The deadline to apply to be an Ambassador has been extended to January 30th. Please spread the word to your family and friends, at church, at school, or anywhere else that you feel might have good candidates. And don't forget to post and share on your social media accounts!

Applicants must be young people who are high school juniors or seniors attending school or residing in New Hanover County. Children and grandchildren of CFGC members are also eligible to apply.



Thank you for your ongoing support, and for helping us get the word out about this worthwhile program. Please feel free to contact us if you have any questions.

Stephanie Durner & Lynnea Mallalieu
Co-chairs
sdurner@gmail.com | lmallalieu@gmail.com

Correspondence Report



Deaths

Elizabeth Dunn upon the death of her father, Dr. Joe James (December 2, 2022).

The family of Denise Matroni-Rakes, an active member of Cape Fear Garden Club, upon her death (December 30, 2022).

Sandra Kittinger upon the death of both her mother-in-law and a few days later the death of her father-in-law (January 6, 2023).

Illnesses

Roberta Berg-Smith for her orthopedic injury (December 2, 2022).

Frances Parnell, Correspondence Secretary

Yearbook Updates

Active

Martha Coon – Membership cancelled
Maggie Curtis – Moved to Associate
Karen Harding – Membership cancelled
Joyce Maguire – Resigned
Denise Matroni – Died, on December 30, 2022
Mary Wilkerson – Membership cancelled
Nixie Nunnelee Wilson - Moved to Associate

Associate

Tamara Pasin – Membership cancelled

Emeritus

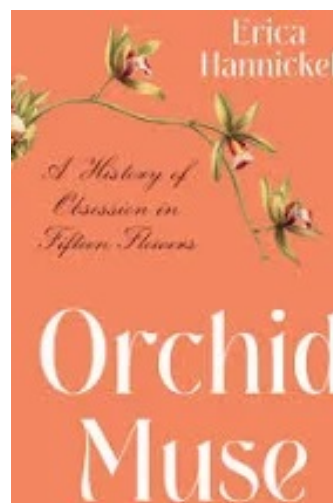
Mary Schumacher – Delete: 910-256-0811, Add: 910-398-1306

Corrections or changes in member contact information:

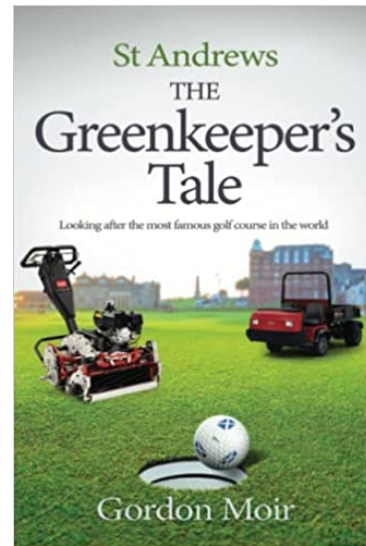
Please Email Computer Registrar, [Penelope Allison](mailto:pjandmark@bellsouth.net): pjandmark@bellsouth.net

CFGC Librarian's January 2023 Report

Denise Matroni passed away on December 30, 2022. She had been an active member of the club since 2021. The library selected the following title in her memory - "Flowers for all: Modern Floral Arrangements for Beauty, Joy, and Mindfulness Every Day" by Susan McLeary.



Joan Andrews, an Emeritus member of the Cape Fear Garden Club, passed away on November 15, 2022. She had been a member of the Garden Club since 1957 and served as club president from 1961-1963. A book has been purchased for the New Hanover County Library in her honor - "Orchid Muse: A History of Obsession in Fifteen Flowers" by Erica Hannickel.



Percy Glaspie, Jr., an Honorary member of the CFGC passed away on November 22, 2022. He had been a member of the Club since 2001. The library was able to purchase two books in Mr. Glaspie's honor - "American Roots: Lessons and Inspirations from the Designers Reimagining our Home Gardens" by Nick McCullough, Allison McCullough, and Teresa Woodard, and "St. Andrews-The Greenkeeper's Tale: Looking after the most famous golf course in the world" by Gordon Moir.

Horticultural Minute Gardening Tips for January

Winter weather can be very interesting here in Wilmington.

Pay attention to plants/trees that are Citrus or other sub-tropical plants that are still outside if temperatures are below the 27-28 range. Many of our Citrus are beginning to set flower buds, which could be damaged. Cover with a heavy beach towel to get a couple of degrees of protection.

Larger plants/trees in containers can be laid down and covered to provide a few extra degrees of heat.

It is better not to prune anything. I know we can be tempted on warmer days to get out in our gardens and prune. Pruning will signal to the plants that it is time to grow.

When is the best time to prune roses? Anytime after February 14.

At the end of January- Add a granular formulation of Super Phosphate around Crape Myrtle trees if you have noted previous blooms to be small or not many blooms. I have done this for several years and my Crape Myrtle blooms are big and lush when in season. Trees need to be looked after and nourished!

Happy 2023 and to a great year of gardening!!
Pia Ann Robison

The picture is a winter planter on my back deck area: in the center of the planter is Juniperus Squamata 'Blue Star', then starting at 12 o'clock: Carex oshimensis 'Sedge EverColor Everest', Pansy Delta-Cool Water mix-orange, Trailing Ivy, Ornamental purple cabbage.

Gardening for Wildlife

The Gardening for Wildlife Committee met on January 3rd at the home of Frances Parnell to continue planning for our upcoming workshop on May 17th at 1:30 pm at the Arboretum entitled “Options for Gardening for Wildlife.”

We have confirmation from Matt Collogan, NHC Arboretum that he will speak at the workshop on the “Nature at Home” program. This program emphasizes using native plants as a way to attract wildlife.

We also reached out to the NC Wildlife Federation (NCWF) to ask for a speaker on how to certify our gardens for wildlife and Tara Moore from the Raleigh office has agreed to find a speaker for us for the workshop.

It has been stressed by many on the committee that having the two different entities (NCWF and the NHC Arboretum) speak that we plan to emphasize how their programs “complement” each other and are not in competition with each other. To further this, interested committee members plan to meet to discuss the agenda for the workshop in the next few weeks.

Kristin Altman, who is our “Instagram” person plans to post a link to a Native Plant identification guide to assist those members trying to identify Native Plants for purchase. Please check out the CFGC Instagram page for this valuable information and to see “*Whoo*” Frances Parnell has living in her backyard!

Azalea Garden Tour 2023



We will be passing a basket for Ribbon Cutting Cookies. Please bring cash to donate.

Tour tickets will be on sale at the end of the January meeting.

Bring your calendars! There will be a sign-up table for garden hostess positions and garden sitters prior to the meeting. A perk to choosing to be a garden hostess is participating in the “Wine and Cheese” party and the “Wrap up Party”.

There are 2 raffles this year. One is for a truckload of flowers donated by Proven Winners customized to your garden colors. Those tickets are \$10 each or 3 for \$20. And also, we are having a raffle for a cruise on a 65’ yacht for three hours including food and drink, those tickets will be \$20 each or 6 for \$100. Those tickets will be on sale at a table before the meeting before and after the meeting.

We will be passing around a clipboard during the meeting regarding: If you have a business that would be interested in helping us with group sales of raffle tickets, we would like to put a poster in your break room for promotion. We will work out the details with you. Please contact this year’s tour chairs.

Goldie Stetten
910.264.1343
GoldieStetten@gmail.com

Garden Tour Ribbon Cutting Cookies

Again, this year members will not bake cookies for the Ribbon Cutting Ceremony. We have contracted the same pastry chef to prepare the pre-packaged cookies.

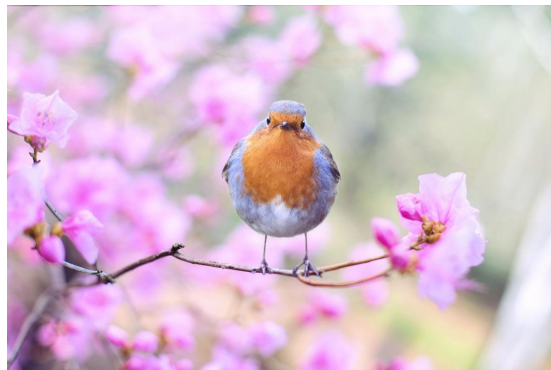
To help offset the cost, members may contribute a cash donation at the January Garden Club meeting.

by: Karen Greene, Garden Tour Hospitality Chair

Edible Garden

Black-eyed peas and collard greens are an excellent New Year's Day good luck staple in the South. The peas represent coins and the collard greens represent paper money. *The saying goes "Eat poor on New Year's Day and eat fat the rest of the year".*

This delicious dish can be enjoyed throughout the year now as farmers' markets and grocery stores have collards and peas year-round. Recipes for collards are found around the world. Use moist heat cooking to soften the greens (slow cooker). Chop the collards into strips after removing the spine and cook the bitterness out by letting them simmer all day. Pair the dish with baked cornbread and a salad. Great recipes can be found on "The Spruce Eats" and "Allspice" websites.



[View the Winter 2022 Issue of The National Gardener](#)

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Cape Fear Garden Club | www.capefeargardenclub.org

Submissions for Clipping must be received no later than 2 weeks prior to the general meeting. Send all 2022-2023 submissions to clippingscfgc@gmail.com



Cape Fear Garden Club, Inc | P.O. Box 4751, Wilmington, NC 28406

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